

Retirement Housing Service

Timetable of Events – 2019-20 to be held at 35 Tureen Street, Calton

April 2019	Monday	Bingo – 1:45pm-3:00pm
	Tuesday	Armchair Aerobics – 3:15pm – 4:00pm
	Wednesday	Surgery – 10:30am – 12:30pm
	Thursday	TBC
	Friday	Surgery – 10:30am – 12:30pm Computing – 1:00pm – 3:00pm Coffee Morning – 11:00am – 1:30pm
May 2019	Monday	Bingo – 1:45pm – 3:00pm
	Tuesday	Armchair Aerobics – 3:15pm – 4:00pm
	Wednesday	Surgery – 10:30am – 12:30pm
	Thursday	TBC
	Friday	Surgery – 10:30am – 12:30pm Computing – 1:00pm – 3:00pm Coffee Morning – 11:00am – 1:30pm
June 2019	Monday	Bingo – 1:45pm – 3:00pm
	Tuesday	Armchair Aerobics – 3:15pm – 4:00pm
	Wednesday	Surgery – 10:30am – 12:30pm
	Thursday	TBC
	Friday	Surgery – 10:30am – 12:30pm Computing – 1:00pm – 3:00pm Coffee Morning – 11:00am – 1:30pm
July 2019	Monday	Bingo – 1:45pm – 3:00pm
	Tuesday	Armchair Aerobics – 3:15pm – 4:00pm
	Wednesday	Surgery – 10:30am – 12:30pm
	Thursday	TBC
	Friday	Surgery – 10:30am – 12:30pm Computing – 1:00pm – 3:00pm Coffee Morning – 11:00am – 1:30pm
August 2019	Monday	Bingo – 1:45pm – 3:00pm
	Tuesday	Armchair Aerobics – 3:15pm – 4:00pm
	Wednesday	Surgery – 10:30am – 12:30pm
	Thursday	TBC
	Friday	Surgery – 10:30am – 12:30pm Computing – 1:00pm – 3:00pm Coffee Morning – 11:00am – 1:30pm Bus Run – TBC AGM/Open Meeting – TBC

September 2019	Monday	Bingo – 1:45pm – 3:00pm
	Tuesday	Armchair Aerobics – 3:15pm – 4:00pm
	Wednesday	Surgery – 10:30am – 12:30pm
	Thursday	TBC
	Friday	Surgery – 10:30am – 12:30pm Computing – 1:00pm – 3:00pm Coffee Morning – 11:00am – 1:30pm
October 2019	Monday	Bingo – 1:45pm – 3:00pm
	Tuesday	Armchair Aerobics – 3:15pm – 4:00pm
	Wednesday	Surgery – 10:30am – 12:30pm
	Thursday	Armchair Aerobics – 1:45pm – 2:30pm TBC
	Friday	Surgery – 10:30am – 12:30pm Computing – 1:00pm – 3:00pm Coffee Morning – 11:00am – 1:30pm
November 2019	Monday	Bingo – 1:45pm – 3:00pm
	Tuesday	Armchair Aerobics – 3:15pm – 4:00pm
	Wednesday	Surgery – 10:30am – 12:30pm
	Thursday	TBC
	Friday	Surgery – 10:30am – 12:30pm Computing – 1:00pm – 3:00pm Coffee Morning – 11:00am – 1:30pm
December 2019	Monday	Bingo – 1:45pm – 3:00pm
	Tuesday	Armchair Aerobics – 3:15pm – 4:00pm
	Wednesday	Surgery – 10:30am – 12:30pm
	Thursday	TBC
	Friday	Surgery – 10:30am – 12:30pm Computing – 1:00pm – 3:00pm Coffee Morning – 11:00am – 1:30pm Christmas Lunch – to be confirmed
January 2020	Monday	Bingo – 1:45pm – 3:00pm
	Tuesday	Armchair Aerobics – 3:15pm – 4:00pm
	Wednesday	Surgery – 10:30am – 12:30pm
	Thursday	TBC
	Friday	Surgery – 10.30am – 12.30pm Computing - 1.00pm – 3.00pm Coffee Morning – 11:00am – 1:30pm Pantomime – to be confirmed
February 2020	Monday	Bingo – 1:45pm – 3:00pm
	Tuesday	Armchair Aerobics – 3:15pm – 4:00pm
	Wednesday	Surgery – 10:30am – 12:30pm
	Thursday	TBC
	Friday	Surgery – 10:30am – 12:30pm Computing – 1:00pm – 3:00pm Coffee Morning – 11:00am – 1:30pm Open Meeting – to be confirmed

March 2020	Monday Tuesday Wednesday Thursday Friday	Bingo – 1:45pm – 3:00pm Armchair Aerobics – 3:15pm – 4:00pm Surgery – 10:30am – 12:30pm TBC Surgery – 10:30am – 12:30pm Computing – 1:00pm – 3:00pm Coffee Morning – 11:00am – 1:30pm